# The good-practice of Saint-Denis: The role of the health sector in building multidisciplinary centers

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- Violence against women affects all countries, all ages, all cultures, all social backgrounds
- ➤ Violence within the couple is more heavily punished = aggravating circumstance
- Home is one of the most dangerous places for women and children

#### Major french investigations: ENVEEF, VIRAGE

(2000 et 2015)

- 223,000 women aged 18-75 are victims of physical and/or sexual violence by their former or current intimate partner
- Of these, 14% say they have filed a complaint
- A woman is raped every 7 minutes, she knows her attacker in 90% of cases, it is her partner in 37% of cases.
- A woman dies at the hands of her partner every 2.5 days
- Approximately 70,000 minors are affected by forced marriage in France
- 140 000 mutilated women live in France

# **Consequences of violence**

PHYSICAL	
PSYCHOLOGICAL	
REPRODUCTIVE HEALTH	
CHRONIC ILLNESS	
SOCIAL	
KIDS	

#### **Physical consequences**

Injuries, burns, fractures, cuts

Temporary or permanent disabilities

Death

Eating and digestive disorders

Autoimmune diseases, hypertension, cancers, diabetes

Insomnia

#### Psychological consequences

PTSD, Relives, nightmares, avoidances

Emotional disorders, anger, guilt, shame

Reactive depression, anxiety, insomnia

Abuse of psychoactive substances: alcohol, tobacco, drugs, medication

Suicidal thoughts, self-harming behavior (12 times more likely to attempt suicide)

Risky behavior

#### Consequences on sexual and reproductive health

Gynecological pathologies, hemorrhages

Chronic pelvic pain

Vaginal and urinary infections, AIDS...

Unwanted pregnancies, unsafe abortions

Complicated pregnancies, miscarriages, in utero death, stillbirths

Premature birth, low birth weight

Perinatal depression, anxiety

Impairment of parental abilities

### **ACE Study**



V. Felitti, et al., "Relationship of Childhood Abuse and Household Dysfunction to Many of the Leading Causes of Death in Adults: The Adverse Childhood Experiences (ACE) Study," American Journal of Preventive Medicine 14, no. 4 (1998)

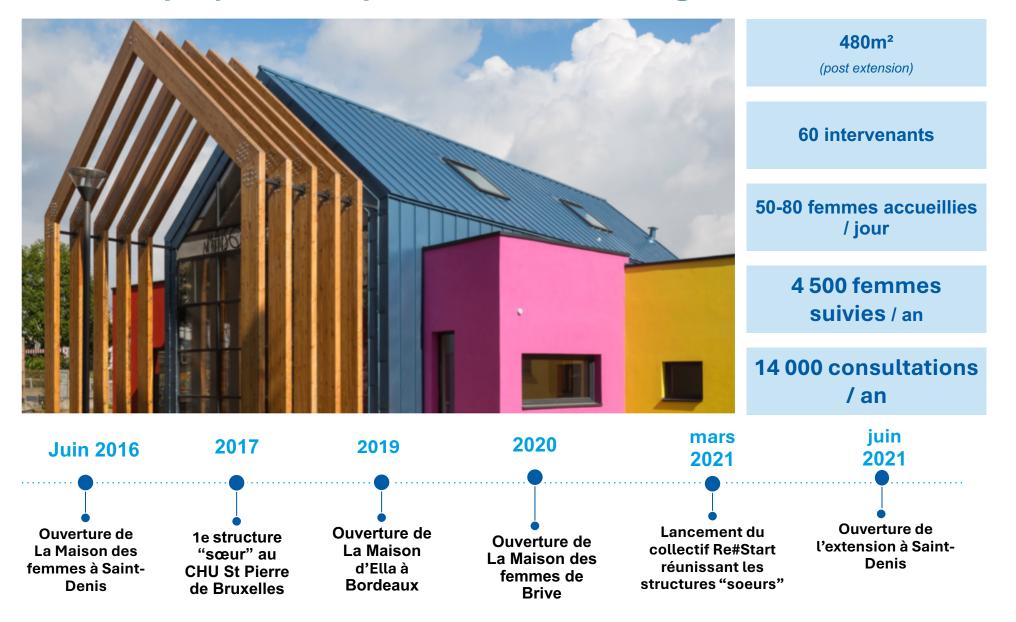
# **Social consequences**

Job loss Impoverishment Debt Isolation

#### Useful skills needed

Somatic Psychologic Body work Social Legal **Judicial** Accommodation Reinsertion

#### A proposed response, a Team/Management collaboration



# 4 adapted care pathways

- Sexual health center
- Sexual mutilation care unit
- Violence management unit
- Emergency reception for victims of rape and sexual violence

# A multi-professional team

- Doctors
- Surgeons
- Psychologists
- Sexologists
- Nurses
- Counselors
- Social workers
- Physiotherapists
- Secretaries
- Lawyers,
- Artists,
- Sportswomen...





#### Care of children:

- Consultations in pairs

- Mini-crèche



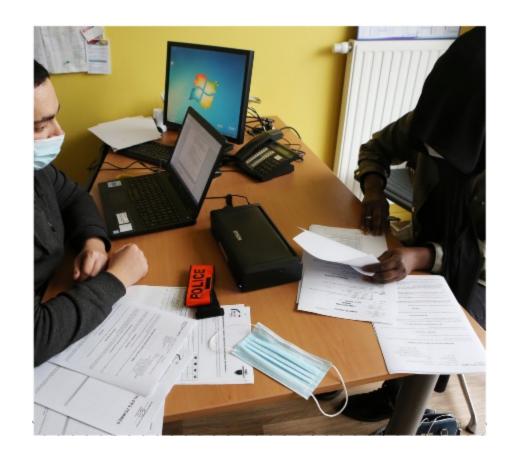
#### **WORKSHOPS**





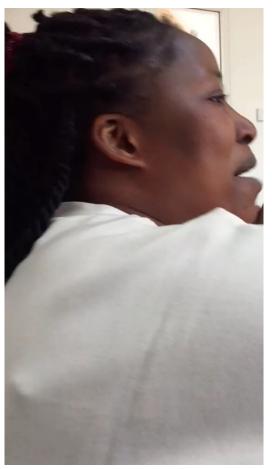
#### **WEEKLY POLICE DUTY**

- By a police officer, trained in the reception of women victims of violence
- A specific training designed by the Territorial Centre for Internships and Training (CTSF) of Seine-Saint-Denis, the Maison des femmes and the Saint-Denis police station.



# Focus groups







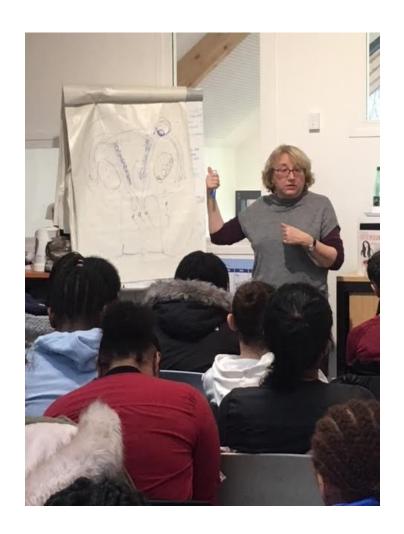




Psycho-corporal care: physiotherapists, psychomotricians, shiatsu



#### A place for training, prevention and education











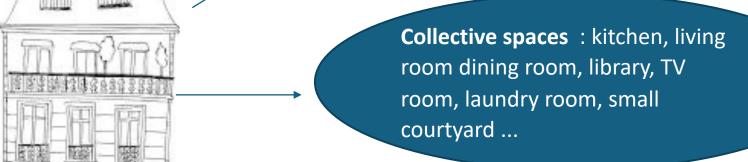
LA MAISON DES FEMMES
DE SAINT-DENIS

**CATALOGUE DE FORMATIONS** 

Accommodation « Mon Palier »

30 single or single rooms





1 large room dedicated to the temporary reception of young women with children for major emergencies



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# Creation and distribution of prevention tools: Podcasts, books, campaigns, moovies, trainings







Campagnes de sensibilisation





#### A collaborative solution? The ReStart Network



# **THANK YOU**

